#### January 27, 2024 | KKL Luzern

# Symposium 2024

«Treatment Algorithms & Deescalation»



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# Plenary Sessions

9.30 – 10.00	Coffee and Gipfeli
Session 1	<b>Chairpersons:</b> Jens Kuhle, Basel Caroline Pot, Lausanne
10.00 – 10.15	Jürg H. Beer, Baden & Zurich Christoph Lotter, Zurich <b>News from the Swiss MS Society</b>
10.15 – 10.45	Fredrik Piehl, Stockholm <b>Optimizing the Treatment Benefit-Risk</b> Balance over the MS Disease Course
10.45 – 11.15	Christine Lebrun-Frenay, Nice <b>RIS and Early Treatment</b>
11.15 – 11.45	Coffee Break MS Researcher Poster Presentation
Session 2	<b>Chairpersons:</b> Sandra Bigi, Luzern Adam Czaplinski, Zurich
11.45 – 12.15	Andrew Chan, Bern <b>MS Treatment Update 2024</b>
12.15 – 12.30	Caroline Pot, Lausanne <b>DMT Use in Pregnancy</b>
12.30 – 13.00	<b>DMT Use in Pregnancy: Podium Discussion</b> with Andrew Chan, Bern   Michael Graber, Bern   Alice Panchaud, Bern & Lausanne   Daniel Surbek, Ber Moderation: Caroline Pot, Lausanne
13.00 – 14.15	Lunch Break MS Researcher Poster Presentation

# Workshops

These workshops invite discussion and the attendees are encouraged to participate actively.

<b>Workshop A</b> 14.15 – 15.00	Renaud Du Pasquier, Lausanne Ilijas Jelcic, Basel <b>Vaccinations in the Context of MS: New Insights</b>
	Vaccination for people with MS has gained grow- ing attention since the approval of effective thera- pies with increasing immunosuppressive potential and since the COVID pandemic. We will discuss current general recommendations for vaccinat- ing people with MS and lessons learned from the COVID pandemic.
<b>Workshop B</b> 14.15 – 15.00	Lara Diem, Lucerne Jean-Michel Pignat, Lausanne <b>Fatigue: The Invisible but Debilitating Symptom</b>
	Fatigue affects at least 75% of persons with MS. Obviously, MS-related fatigue has socioeconomic consequences leading to increased sick leaves and a higher probability of unemployment. In this workshop, we will discuss the current status regarding pathophysiology, diagnosis and therapy of fatigue.
15.00 – 15.15	Coffee Break

<b>Workshop C</b> 15.15 – 16.00	Lars Hemkens, Basel Özgür Yaldizli, Basel <b>Pragmatic Trials Adding to Treatment</b> <b>Personalisation</b>
	We will explore the MultiSCRIPT trial within the Swiss MS Cohort Study as innovative approach for a continuous learning system, where a series of pragmatic trials evaluate personalized strategies for patient care. We will describe the approach, next steps and the outlook to sys- tematically improve care of persons with MS.
<b>Workshop D</b> 15.15 – 16.00	Iris-Katharina Penner, Bern Arseny Sokolov, Lausanne <b>Cognition in MS: How to Screen, Assess and Treat in Clinical Routine?</b>
	We will first introduce the topic of cognitive impairment in MS and highlight its impact on daily life. We will then look at common testing procedures together, perform and evaluate them, and discuss potential pitfalls. Finally, we will provide an outlook on new non-pharma- cological treatment strategies currently under study in Switzerland.
16.00	Farewell Apero

## MS Researcher Poster Presentation

During the coffee and lunch break you will have the opportunity to view selected posters from MS research projects that have been financially supported by the Swiss MS Society.

## Date

Saturday, January 27, 2024, 09.30 – 16.00

## Venue

KKL Luzern, Europaplatz 1, CH-6005 Lucerne

## Programme Committee

Sandra Bigi, Luzern; Adam Czaplinski, Zurich; Britta Engelhardt, Bern; Jens Kuhle, Basel; Caroline Pot, Lausanne

# Organisation

Swiss Multiple Sclerosis Society and its Medico Scientific Advisory Board

# Credits

Credits will be published on www.ms-state-of-the-art.ch

# **Registration** fee

Regular: CHF 150.00 Students: free of charge

# Safety measures

Any safety measures will be communicated on the symposium website. Due to official orders or other urgent reasons, the symposium may be carried out virtually. The MS State of the Art Symposium is kindly supported by:









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#### Register here:



www.ms-state-of-the-art.ch symposium@multiplesklerose.ch

#### Swiss Multiple Sclerosis Society



Josefstrasse 129 / 8031 Zürich Information: www.multiplesklerose.ch / 043 444 43 43 info@multiplesklerose.ch