January 27, 2024 | KKL Luzern

MS

State of the Art Symposium 2024

«Treatment Algorithms & Deescalation»
Plenary Sessions

9.30 – 10.00  Coffee and Gipfeli

**Session 1**

**Chairpersons:**
Jens Kuhle, Basel  
Caroline Pot, Lausanne

10.00 – 10.15  Jürg H. Beer, Baden & Zurich  
Christoph Lotter, Zurich  
**News from the Swiss MS Society**

10.15 – 10.45  Fredrik Piehl, Stockholm  
**Optimizing the Treatment Benefit-Risk Balance over the MS Disease Course**

10.45 – 11.15  Christine Lebrun-Frenay, Nice  
**RIS and Early Treatment**

11.15 – 11.45  Coffee Break  
MS Researcher Poster Presentation

**Session 2**

**Chairpersons:**
Sandra Bigi, Luzern  
Adam Czaplinski, Zurich

11.45 – 12.15  Andrew Chan, Bern  
**MS Treatment Update 2024**

12.15 – 12.30  Caroline Pot, Lausanne  
**DMT Use in Pregnancy**

12.30 – 13.00  **DMT Use in Pregnancy: Podium Discussion**  
with Andrew Chan, Bern | Michael Graber, Bern | Alice Panchaud, Bern & Lausanne | Daniel Surbek, Bern  
Moderation: Caroline Pot, Lausanne

13.00 – 14.15  Lunch Break  
MS Researcher Poster Presentation
Workshops

These workshops invite discussion and the attendees are encouraged to participate actively.

**Workshop A**
14.15 – 15.00

Renaud Du Pasquier, Lausanne
Iljas Jelcic, Basel

**Vaccinations in the Context of MS: New Insights**

Vaccination for people with MS has gained growing attention since the approval of effective therapies with increasing immunosuppressive potential and since the COVID pandemic. We will discuss current general recommendations for vaccinating people with MS and lessons learned from the COVID pandemic.

**Workshop B**
14.15 – 15.00

Lara Diem, Lucerne
Jean-Michel Pignat, Lausanne

**Fatigue: The Invisible but Debilitating Symptom**

Fatigue affects at least 75% of persons with MS. Obviously, MS-related fatigue has socioeconomic consequences leading to increased sick leaves and a higher probability of unemployment. In this workshop, we will discuss the current status regarding pathophysiology, diagnosis and therapy of fatigue.

15.00 – 15.15

Coffee Break
**Workshop C**  
15.15 – 16.00  
Lars Hemkens, Basel  
Özgür Yaldızlı, Basel  
*Pragmatic Trials Adding to Treatment Personalisation*  
We will explore the MultiSCRIPT trial within the Swiss MS Cohort Study as innovative approach for a continuous learning system, where a series of pragmatic trials evaluate personalized strategies for patient care. We will describe the approach, next steps and the outlook to systematically improve care of persons with MS.

**Workshop D**  
15.15 – 16.00  
Iris-Katharina Penner, Bern  
Arseny Sokolov, Lausanne  
*Cognition in MS: How to Screen, Assess and Treat in Clinical Routine?*  
We will first introduce the topic of cognitive impairment in MS and highlight its impact on daily life. We will then look at common testing procedures together, perform and evaluate them, and discuss potential pitfalls. Finally, we will provide an outlook on new non-pharmacological treatment strategies currently under study in Switzerland.

16.00  
Farewell Apero

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**MS Researcher Poster Presentation**  
During the coffee and lunch break you will have the opportunity to view selected posters from MS research projects that have been financially supported by the Swiss MS Society.
Date
Saturday, January 27, 2024, 09.30 – 16.00

Venue
KKL Luzern, Europaplatz 1, CH-6005 Lucerne

Programme Committee
Sandra Bigi, Luzern; Adam Czapinski, Zurich; Britta Engelhardt, Bern; Jens Kuhle, Basel; Caroline Pot, Lausanne

Organisation
Swiss Multiple Sclerosis Society and its Medico Scientific Advisory Board

Credits
Credits will be published on www.ms-state-of-the-art.ch

Registration fee
Regular: CHF 150.00
Students: free of charge

Safety measures
Any safety measures will be communicated on the symposium website. Due to official orders or other urgent reasons, the symposium may be carried out virtually.
The MS State of the Art Symposium is kindly supported by:

Reha Rheinfelden

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Register here:

www.ms-state-of-the-art.ch
symposium@multiplesklerose.ch

Swiss Multiple Sclerosis Society
Josefstrasse 129 / 8031 Zürich
Information: www.multiplesklerose.ch / 043 444 43 43
info@multiplesklerose.ch