

Programme

25
years

MS

State of the Art
Symposium 2023

MS

Schweizerische
Multiple Sklerose
Gesellschaft

«25 Years – Moving Forward Together for People with MS»

9.30 – 10.00

Coffee and Gipfeli

Session 1

Chairpersons:

Caroline Pot, Lausanne

Claire Bridel, Geneva

10.00 – 10.15

Christoph Lotter, Zurich

Welcome from the Swiss MS Society

10.15 – 10.45

Alberto Ascherio, Boston (USA)

**Epstein-Barr Virus as the Leading Cause of MS:
Epidemiological Evidence and
Potential Mechanisms**

10.45 – 11.15

Jens Kuhle, Basel & Cristina Granziera, Basel

Swiss MS Cohort: Achievements and Next Steps

11.15 – 11.45

Coffee Break

MS Researcher Poster Presentation

Session 2

Chairpersons:

Sandra Bigi, Luzern

Britta Engelhardt, Bern

11.45 – 12.15

Andrew Chan, Bern

**MS Medication and Treatment:
Achievements in the past 25 years**

12.15 – 13.00

Award Ceremony

**«Swiss Multiple Sclerosis Society
Research Prize»**

13.00 – 14.15

Lunch Break

MS Researcher Poster Presentation

Workshops

These workshops invite discussion and the attendees are encouraged to participate actively.

Workshop A

14.15 – 15.00

Myrta Kohler, St. Gallen

Viktor von Wyl, Zurich

Digital Technologies – Solutions for People with MS and Health Care Professionals?

Apps, sensors, or virtual reality offer exciting opportunities for MS management improvement and self-empowerment of persons with MS. What will it take to implement digital tools into routine care? We will discuss wishes, needs, and pain points of different stakeholders in an interactive format. This workshop is organized jointly by the members of the Digital Advisory Board.

Workshop B

14.15 – 15.00

Johanna Oechtering, Basel

Axel Regeniter, Zurich

CSF diagnostics in MS – Essentials and News: What the Neurologist needs to know

CSF diagnostics in MS has experienced a revival with the return of oligoclonal bands to the McDonald criteria 2017. We will discuss the diagnostic/prognostic value and pathophysiological implications of well-known and emerging candidates like Kappa free light chains, antigen-specific indices and intrathecal IgM production.

15.00 – 15.15

Coffee Break

Workshop C
15.15 – 16.00

Pasquale Calabrese, Basel
Anke Salmen, Bern

**Integrative Care Concepts in MS –
What do Patients need besides the Medical
Treatment?**

With this workshop, we want to assess and address different perspectives of what is needed in a comprehensive MS treatment besides the medical treatment. We will hear from patients, nurses and therapists and look forward to a lively discussion with presenters and participants.

Workshop D
15.15 – 16.00

Cristina Granziera, Basel
Maria Isabel Vargas Gomez, Geneva

**Advanced MRI Biomarkers and
Gadolinium-based Contrast Agents
Use for Clinical Routine**

We will discuss the most recent advances in diagnostic and prognostic magnetic resonance imaging (MRI) biomarkers in MS patients as well as their current translation to clinical practice. Also, we will explain the advantages, disadvantages and risks of using gadolinium-based contrast agents for the diagnosis and monitoring of MS patients.

16.00

Farewell Aperó

MS Researcher Poster Presentation

During the coffee and lunch break you will have the opportunity to view selected posters from MS research projects that have been financially supported by the Swiss MS Society.

Date

Saturday, January 28, 2023, 09.30 – 16.00

Venue

KKL Luzern, Europaplatz 1, CH-6005 Lucerne

Programme Committee

Sandra Bigi, Luzern; Pasquale Calabrese, Basel; Andrew Chan, Bern;
Adam Czaplinski, Zurich; Britta Engelhardt, Bern; Cristina Granziera, Basel;
Robert Hoepner, Bern; Jens Kuhle, Basel; Caroline Pot, Lausanne;
Anke Salmen, Bern

Organisation

Swiss Multiple Sclerosis Society and its Medico Scientific Advisory Board

Credits

6.0 Credit Points | Swiss Neurological Society

Registration fee

Regular: CHF 150.00

Students: CHF 40.00

Safety measures

Any safety measures will be communicated on the symposium website.
Due to official orders or other urgent reasons, the symposium may be carried out virtually.

The MS State of the Art Symposium
is kindly supported by:

AsFam
Für pflegende Angehörige


BERNER KLINIK MONTANA
CLINIQUE BERNOISE MONTANA



**HEIMELIG
BETTEN**
Das Pflegebett für daheim

**rehaklinik
ZIHLSCHLACHT**

Media Partner:

brainMAG
mededition.ch

Cooperation partner:


Schweizerische Neurologische Gesellschaft
Société Suisse de Neurologie
Società Svizzera di Neurologia
Swiss Neurological Society

Register here:



www.ms-state-of-the-art.ch
symposium@multiplesklerose.ch

Schweizerische Multiple Sklerose Gesellschaft

Josefstrasse 129, Postfach, 8031 Zürich, T 043 444 43 43
info@multiplesklerose.ch, www.multiplesklerose.ch
IBAN CH04 0900 0000 8000 8274 9

