

Programme

22nd

State of the Art
Symposium

Programme on Saturday, January 25th, 2020

«Addressing Patients' Needs – Finding the Right Treatment for the Individual Patient»

Chairpersons	Session 1: Jürg Kesselring, Valens Lutz Achtnichts, Aarau
	Session 2: Cristina Granziera, Basel Sven Schippling, Zurich
09.30–10.00	Welcome with Coffee and Gipfeli
10.00–10.15	Christoph Lotter, Zurich Welcome from the Swiss MS Society
10.15–10.40	Peter Rieckmann, Bischofswiesen (DE) MS in the 21st Century
10.40–11.05	Pasquale Calabrese, Basel Addressing Neuropsychiatric Issues in MS
11.05–11.30	Tjalf Ziemssen, Dresden (DE) MS Management goes Digital
11.30–11.50	Coffee Break with MS Researcher Poster Presentation*
11.50–12.15	Andrew Chan, Bern MS Medications 2020 – Update on Safety Aspects
12.15–12.40	Gregor Hasler, Fribourg Resilience – Benefits for Persons with MS
12.40–13.00	Podium Discussion on Finding the Right Treatment for the Individual Patient with Peter Rieckmann, Bischofswiesen (DE); Pasquale Calabrese, Basel; Tjalf Ziemssen, Dresden (DE); Andrew Chan, Bern; Gregor Hasler, Fribourg. Moderation: Sven Schippling, Zurich
13.00–14.15	Lunch with MS Researcher Poster Presentation*
14.15–15.00	Workshops A and B
15.00–15.15	Coffee Break
15.15–16.00	Workshops C and D
16.00	Farewell Apéro

* MS Researcher Poster Presentation – During the coffee and lunch breaks you will have the opportunity to view selected posters from MS research projects that have been financially supported by the Swiss MS Society.

Workshops

Clinical Case Management

These workshops focus on aspects relevant to the daily management of MS patients. Attendees are encouraged to submit questions or own cases by January 13, 2020 to symposium@multiplesklerose.ch or to the workshop speakers.

14.15 –15.00

Workshop A: «Neuro-Urology – how to Address Difficult Issues»

Jürgen Pannek, Nottwil

Urologic symptoms, like incontinence, urinary tract infection or chronic retention, frequently impair the quality of life (QoL) of the affected persons. Individuals with MS suffer from several non-urologic problems like fatigue or spasticity, interfering with standard bladder management. Therefore, each case has to be evaluated individually, and treatment should aim at preserving renal function as well as QoL.

Workshop B: «Towards Precision Medicine – a Legal Perspective on Health Data Sharing»

Philipp do Canto, Zurich

In precision medicine, patient data for research become paramount. The European Data Protection Regulation and recent scandals raised public concern on privacy. However, patients seem more inclined to participate in data sharing and studies, especially regarding rare and complex diseases such as MS. Secure data banks as well as best practices are crucial to further innovation based on health data.

15.00 –15.15

Coffee Break

15.15 –16.00

Workshop C: «How to deal with Hypes and Dr. Google»

Christian Kamm, Lucerne & Stefanie Müller, St. Gallen

When experiencing symptoms of illness, patients often consult «Dr. Google» before seeing a doctor. They seek information about their diagnosis and the therapeutic options on the net and discuss in forums. We will try to distinguish trends from myths and will support this with current studies.

Workshop D: «Sport and Activity – how to Motivate Patients to Exercise»

Jens Bansi, Valens

Exercise is part of a multidisciplinary rehabilitation approach to improve disability in persons with MS. The primary aims of rehabilitation are to increase levels of activity and participation leading to increased independence of the participants. This workshop discusses new approaches and the resulting relevance for standardized exercise training programs during rehabilitation.

16.00

Farewell Aperó

Date

Saturday, January 25th, 2020, 10.00 – 16.00

Venue

KKL Luzern, Europaplatz 1, CH-6005 Lucerne
www.kkl-luzern.ch

Programme Committee

Lutz Achtnichts, Aarau; Andrew Chan, Bern;
Cristina Granziera, Basel; Jürg Kesselring, Valens;
Sven Schippling, Zurich

Organisation

Swiss Multiple Sclerosis Society and its Scientific Advisory Board

Credits

Credits will be published on www.ms-state-of-the-art.ch

Registration fee

Early: 120 CHF (until December 15th, 2019)
Regular: 150 CHF



Registration

www.ms-state-of-the-art.ch
symposium@multiplesklerose.ch or QR Code

Swiss Multiple Sclerosis Society

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